



Litchfield Health & Wellness Resources, Inc.

**Are you a Caregiver
for someone you love?**

Free CAREGIVERS SUPPORT GROUP

Friday, Sept. 11–Friday, Oct. 30

Eight (8) sessions

1:00 p.m.–2:30 p.m.

JOIN AT ANY POINT IN THE SERIES ~ by **Zoom**

Must register with the group facilitator,

Eileen Epperson

Call or text cell: 860-605-6576

This is a gift to the community from

Litchfield Health & Wellness Resources ~

For more resources: www.litchfieldwellness.org